

All are welcome

We welcome all people to come for a personal retreat and experience the quiet spaciousness of Holy Wisdom Monastery. Come for a day, an overnight, a weekend or longer. You choose what you do while you are here—walk the nature trails, sleep, browse in the spirituality library, meditate, join in community prayers and meals, bring a project you want to work on, or find a spot near the glacial lake and write in your journal.

Holy Wisdom Monastery features two main buildings: the retreat & guest house and the monastery building; two hermitages and 130 acres of land, including restored prairies, a small glacial lake, woodlands, gardens and orchards. Four nature trails provide a quiet, peaceful place to walk.

Individuals on personal retreats may want to attend daily prayers, Sunday worship or meet with a spiritual guide. A spiritual guide facilitates your reflection on your life experience in relation to God, yourself, and others. Schedule your spiritual guidance session, for a recommended donation, when you schedule your personal retreat.

We hope you will come to Holy Wisdom Monastery for a personal retreat and experience our peaceful setting and Benedictine hospitality.



Holy Wisdom Monastery

Holy Wisdom Monastery is home for several ecumenical, Benedictine communities: Benedictine Women of Madison, vowed members and sojourners; Sunday Assembly, a worshipping community; Oblates, a lay community of women and men and Friends of Wisdom Prairie. This community of communities enriches and supports one another in service to the world. All are welcome and invited to share in the monastery's mission of prayer, hospitality, justice and care for the earth.

Visit our website

Additional information on personal retreats, is available at www.benedictinewomen.org/visit/personal-retreats/.

Schedule your personal retreat

Fill out an availability inquiry form at www.benedictinewomen.org/visit/personal-retreat-availability-form/ as the first step to scheduling your personal retreat.

If you'd prefer to talk with someone to schedule your personal retreat call 608-836-1631, x158.

Cover photo by
Nick Wilkes



Holy Wisdom Monastery

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www.benedictinewomen.org

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As featured in
The Washington Post

Personal retreats at Holy Wisdom Monastery



*"All guests are to be received with
sincere hospitality, 'with the courtesy
of love'" –Rule of Benedict 53:1*

Overnight accommodations

Stay overnight in the retreat & guest house or hermitages. Please reserve early; rooms fill up quickly especially on weekends.



Retreat & guest house

This accessible building features quiet, uncluttered air-conditioned space with:

- single and double guest rooms with private bathrooms, bed and wardrobe;
- dining room for continental breakfast, included with overnight rooms;
- kitchens with refrigerators, sinks, stoves, microwaves;
- wireless computer access (WiFi)

Hermitages

The grounds are home to two hermitages, located in a peaceful, wooded area.

- Each hermitage includes a living room, kitchen, bedroom, bathroom, deck, heating/air-conditioning and parking.
- Laundry facilities are available in the hermitage basement.
- Hermitage guests may cook their own food or join in the community lunches and dinners served in the monastery building.

Prayer

Benedictine life is rooted in a rhythm of daily communal prayer. The sisters invite you to join us in prayer or for Sunday worship, regardless of your faith tradition.

Daily prayer (8:00 am Su-Sa; 11:45 am M-F; 4:30 pm Su-Sa) and centering prayer (7:35 am Tu-Sa; 4:55 Tu-F) are held in the oratory on the lower level of the monastery building. Worship is held every Sunday at 9:00 am in the assembly room on the upper level of the monastery building. Many guests find that prayer and worship enhance their retreat.

Meals

Lunch and dinner are prepared from scratch by our chef, Tuesday through Saturday. Fresh produce, much of which is grown in the monastery gardens, is used in many of the meals. Reserve your meals when you make your retreat reservation or at least 48 hours in advance. We can accommodate most common food allergies.

A light continental, self-serve breakfast is available each morning in the retreat and guest house for overnight guests at no additional cost.



Elizabeth hermitage

Rates—2018

For overnight stays, check-in is at 2:00 pm and check-out is at noon. The hours for day-only stays in the retreat & guest house are 8:00 am-6:00 pm and include a room. Meals are an additional charge, except breakfast which is included with an overnight stay.

Retreat & guest house

Day use \$50 single/\$58 double

Overnight
weeknights (M-Th) \$62/night single
 \$80/night double

weekends (F-Sun) \$71/night single
 \$88/night double

Hermitages*

weeknights (M-Th) \$87/night single
 \$102/night double

weekends (F-Sun) \$95/night single
 \$111/night double

* 2 night minimum on weekends;
10% discount after night 6

Buffet meals (Tuesday-Saturday)

Lunch 12:00 pm
 \$13/adult
 \$8/child (12 and under)

Dinner 5:15 pm
 \$16/adult
 \$10/child (12 and under)

Rates subject to change.