



Photo by Nick Wilkes

**Benedictine Retreat**  
**St. Benedict's Strategy for Personal Freedom**  
**September 22-24, 2017**

**OPEN TO ALL**

The Oblates of Holy Wisdom Monastery invite you to attend a weekend Benedictine Retreat at the monastery. This retreat is open to the public and oblates and offers women and men an opportunity to learn about Benedictine spirituality in a beautiful, peaceful setting.

The retreat explores St. Benedict's strategy for interior freedom as it appears in the *Rule of Benedict* and how it can apply to our lives today. Jerome Kodell, OSB leads the retreat and presents themes of Mutual Obedience, Murmurings on the Spiritual Journey and Prayer of the Heart.

The retreat begins on Friday, September 22. Arrive when able.

- 4:00 pm – Registration opens
- 4:30 pm – Prayer (*optional*)
- 5:30 pm – Dinner
- 6:45 pm – Program begins

Overnight rooms for the retreat are available on a first come, first served basis for an additional fee.

Holy Wisdom Monastery is located in Middleton, Wisconsin on 130 acres of restored prairie, savanna, wetland and woods. The Benedictine Sisters who live at the monastery follow the Gospel and the *Rule of Benedict* and invite guests to come to the monastery for a variety of events.

**FACILITATOR**

**Jerome Kodell, OSB**, was abbot at Subiaco Abbey in Arkansas for 25 years and is also an author of several books.

**COST**

\$130  
Includes program and meals (dinners on Friday and Saturday, lunches on Saturday and Sunday)

**LOCATION**

Holy Wisdom Monastery  
4200 County Road M,  
Middleton, WI  
Retreat and Guest House

Program sponsored by Holy Wisdom Monastery

Register by September 1, 2017 on the back of this flyer or online at [holywisdommonastery.org/event/benedictine-retreat/](http://holywisdommonastery.org/event/benedictine-retreat/)



# Holy Wisdom Monastery

## Benedictine Retreat: St. Benedict's Strategy for Personal Freedom

Complete and return this registration form with credit information or with check (payable to Benedictine Women of Madison). We do not sell or share our mailing list.

### Contact information

Name(s) \_\_\_\_\_

Email \_\_\_\_\_

Street address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Day phone (\_\_\_\_) \_\_\_\_\_ home, cell, work (circle one)

Evening phone (\_\_\_\_) \_\_\_\_\_ home, cell, work (circle one)

### Program

Yes, sign me/us up for the Benedictine Retreat; September 22-24, 2017; \$130; register by September 1, 2017

### Payment

I am paying by check; amount enclosed \$ \_\_\_\_\_ (\$130/person)

I am paying by credit; amount charged \$ \_\_\_\_\_ (\$130/person)

I wish to stay overnight at the monastery during the retreat for an additional fee (pick one below)

Friday and Saturday nights single; \$122  Friday and Saturday nights double; \$156 (\$78/person)

Card number \_\_\_\_\_

Signature \_\_\_\_\_

Expiration date \_\_\_\_\_ 3-digit security code (on back) \_\_\_\_\_

Total amount to be charged to my credit card \_\_\_\_\_

### Dietary restrictions

None  Vegetarian  Vegan  Gluten-free  Dairy-free

Other medical allergies \_\_\_\_\_

### How did you hear about this program?

Holy Wisdom Monastery website

Other website (list which one) \_\_\_\_\_

Benedictine Bridge e-newsletter

Other email from Holy Wisdom Monastery

Mail from Holy Wisdom Monastery

Word of mouth/recommendation

Attended event at Holy Wisdom Monastery

Holy Wisdom Monastery bulletin announcement

Greater Madison Convention & Visitors Bureau

Publication (list name of publication) \_\_\_\_\_

Facebook

Internet search (list search words) \_\_\_\_\_

Other \_\_\_\_\_

### Optional information

What are you seeking from this program? \_\_\_\_\_

Spiritual background \_\_\_\_\_

### Questions

Amanda Conway, [retreats@benedictinewomen.org](mailto:retreats@benedictinewomen.org), 608-836-1631, x100

### Registration

Register by September 1, 2017. There is a 50% refund until the registration deadline, no refund after the deadline.

Online registration: [www.holywisdommonastery.org/event/benedictine-retreat](http://www.holywisdommonastery.org/event/benedictine-retreat)

### Return to

Benedictine Retreat • Holy Wisdom Monastery • 4200 County Road M • Middleton, WI 535628