

## Monastic Community Schedule

*Activities located in the monastery oratory  
unless otherwise noted*

### **Sunday**

8:00 a.m. Morning Prayer  
9:00 a.m. Eucharist – Monastery  
Assembly Room  
4:30 p.m. Evening Prayer

### **Monday**

7:35 a.m. Centering Prayer  
8:00 a.m. Morning Prayer  
11:45 a.m. Midday Prayer  
4:30 p.m. Evening Prayer  
4:55 p.m. Centering Prayer

### **Tuesday-Friday**

7:35 a.m. Centering Prayer  
8:00 a.m. Morning Prayer  
11:45 a.m. Midday Prayer  
Noon Lunch – Monastery Dining Room  
4:30 p.m. Evening Prayer  
4:55 p.m. Centering Prayer  
5:15 p.m. Dinner – Monastery Dining Room

### **Saturday**

7:35 a.m. Centering Prayer  
8:00 a.m. Morning Prayer  
Noon Lunch – Monastery Dining Room  
4:30 p.m. Evening Prayer  
5:15 p.m. Dinner – Monastery Dining Room  
After Dinner Reflective Reading of Scripture  
Vigil



*Holy Wisdom Monastery*

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