

Photo by Greg Bleck

Centering Prayer

April 8, 15, 22, 29, May 6, 13, 2010

Centering Prayer is a simple method of silent prayer, a form of prayer with ancient roots in the mystical and monastic traditions of Christian faith. It can lead to a deeper prayer life, personal healing, spiritual transformation, and a closer union with God. This introductory series will include presentations on the origins and practice of Centering Prayer, doing Centering Prayer, and reflecting on the experience.

Dates: April 8, 15, 22, 29, May 6, 13, 2010
Six Thursday evenings from 7 - 8:30 p.m.

Cost: \$75 for the series

Facilitators: Carole Kretschman and Beth O'Brien, spiritual guides and Oblates of Benedictine Women of Madison

Registration: Register by April 1, 2010
50% refund for cancellation after 4/5/10
Download a registration form at www.benedictinewomen.org
or contact Jerriane at jbland@benedictinewomen.org,
608-836-1631, ext. 158.

Benedictine
Women  of Madison

www.benedictinewomen.org
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